

# Bainbridge Middle School menu for September 2021

Decatur County School Nutrition Program

## Featured Specials of the Day

### Monday, September 13

Corn Dog OR PB&J/ Broccoli w/Cheese/  
Sweet Potato Waffle Fries/ Fruit of the Day

### Tuesday, September 14

Country Fried Steak Bits w/Cornbread OR PB&J/  
Southern Greens/ Blackeyed Peas/  
Cry Baby Ice & Fruit of the Day

### Wednesday, September 15

Baked Spaghetti OR PB&J/ Golden Corn/  
Seasoned Green Beans/ Fresh Fruit

### Thursday, September 16

Manager's Choice OR PB&J/ Garden Peas/  
Vegetables of the Day/ Fruit of the Day

### Friday, September 17

Chicken Tenders & Waffles OR PB&J/  
Tater Tots/ Garden Peas/ Fruit of the Day



## 9/11/2001 ♦ We Remember

## Featured Specials of the Day

### Monday, September 20

#### **National Pizza Day!!!**

Pizza of the Day OR Crispy Chicken Sandwich/  
Broccoli w/Cheese/ Carrot Coins/ Mixed Fruit/ Applesauce

### Tuesday, September 21

Fiesta Nachos OR Bacon Cheeseburger/  
Golden Corn/ Fresh Garden Salad/ Diced Peaches

### Wednesday, September 22

BBQ Potato Bowl OR Hot Ham N Cheese Croissant/ Baked Beans/  
Carrots w/Ranch Dip/ Fresh Fruit

### Thursday, September 23

Fiestada Pizza OR Grilled Chicken Sandwich/ Seasoned Green  
Beans/ French Fries/ Pineapple Tidbits/ Cookie

### Friday, September 24

Chicken Tenders & Waffles OR PB&J/  
Tater Tots/ Garden Peas/ Fruit of the Day

## Available Daily

Water & a variety of milk choices

## Featured Specials of the Day

### Monday, September 27

Chicken Alfredo w/Garlic Bread OR BBQ Sandwich/ Broccoli w/  
Cheese/ Carrots w/Ranch Dip/ Baked Beans/ Fruit of the Day

### Tuesday, September 28

Bacon Cheeseburger OR Grilled Chicken Sandwich/  
Sweet Potato Fries/ Fresh Garden Salad/ Sliced Peaches

### Wednesday, September 29

Boneless Buffalo Bits OR Steak Fritter Sandwich/ Country Lima  
Beans/ French Fries/ Fresh Fruit

### Thursday, September 30

Chili Cheese Tots w/Cornbread OR Crispy Chicken Sandwich/  
Seasoned Green Beans/ Blackeyed Peas/ Mixed Fruit/ Peach  
Cobbler

# Apples

Apples are a member of the rose family.

Apple trees originated in Central Asia and were brought to North America by European colonists. They are now grown in all 50 states.

Apples come in all shades of red, green and yellow and provide fiber and vitamin C. Enjoy them with their skin on for the best nutrition.

Apples are in season in Georgia from around August through October.

Georgia apples are sold primarily for the fresh market, unlike other states.

According to Georgia's 2019 Farm Gate Value Report, most of Georgia's apples are grown in Fannin and Gilmer counties in north Georgia.

Georgia's annual apple festival is hosted during October.



Georgia Department of Education School Nutrition



Due to Virtual Learning and Supply Issues, Menu may change. Please contact your child's school for any questions. This institution is an equal opportunity provider.